

# On Practice and Performing

## Art or Art Therapy?

Creative expression is not art, it is creative expression.

Self-expression is not art, it is self-expression.

Rule-breaking is not art, it is rule-breaking. A new idea does not necessarily mean it is great art; it is just a new idea.

For a work to become art, it must do more than vent its spleen.

Artists have two responsibilities. The first is to express themselves. The second is to communicate. If artists don't communicate, they have either been unsuccessful in their attempt or they are being self-indulgent by not trying, unless one of those rare moments occurs when a magical poetic statement happens for oneself alone.

- Audrey Flack

*Art & Soul Notes on Creating*

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## What is Audience?

Why does it inspire/incite you?

Who is your ideal audience?

What is a "real" audience?